



Coach Decker's Martial Arts Academy



2023 OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
01	02	03 <u>MAT MONKEYS 1</u> 4:30 PM - 5:15 PM <u>MAT MONKEYS 2</u> 5:15 PM - 6:00 PM <u>Jr JUDO</u> 6:00 PM - 7:00 PM	04	05 <u>AAU JUDO SCRIMMAGE</u> 5:30 PM - 7:00 PM AAU Membership Required	06	07	<u>DOJO RULES:</u> 1. NO SHOES ON MAT 2. NO FOOD OR DRINK ON MAT 3. LINE UP BY RANK ORDER 4. SIT CORRECTLY 5. QUIET DURING INSTRUCTION 6. LISTEN WITHOUT INTERRUPTING 7. BE RESPECTFUL (of partners) 8. BE KIND (to everyone)
08	09	10	11	12	13	14	9. DO NOT LEAVE THE MAT WITHOUT PERMISSION 10. KEEP THE MAT CLEAN
FALL BREAK							REMEMBER: 1. Our #quest is to be our best 2. Black Belt excellence is our #goal
15	16	17 <u>MAT MONKEYS 1</u> 4:30 PM - 5:15 PM <u>MAT MONKEYS 2</u> 5:15 PM - 6:00 PM <u>Jr JUDO</u> 6:00 PM - 7:00 PM	18	19 <u>MAT MONKEYS 1</u> 4:30 PM - 5:15 PM <u>MAT MONKEYS 2</u> 5:15 PM - 6:00 PM <u>Jr JUDO</u> 6:00 PM - 7:00 PM	20	21	REMINDER: 10 CLASSES FOR KIMONO & OBI 15 CLASSES FOR EACH STRIPE
22	23	24 <u>MAT MONKEYS 1</u> 4:30 PM - 5:15 PM <u>MAT MONKEYS 2</u> 5:15 PM - 6:00 PM <u>Jr JUDO</u> 6:00 PM - 7:00 PM	25	26 <u>MAT MONKEYS 1</u> 4:30 PM - 5:15 PM <u>MAT MONKEYS 2</u> 5:15 PM - 6:00 PM <u>Jr JUDO</u> 6:00 PM - 7:00 PM	27	28	CONTACT US on the web COACHDECKER.COM Call or Text (480) 442-3161 Mailing Address: 2753 E. Broadway, #101-114 Mesa AZ 85204 FOLLOW US
29	30	31 HALLOWEEN No class	01	02 <u>MAT MONKEYS 1</u> 4:30 PM - 5:15 PM <u>MAT MONKEYS 2</u> 5:15 PM - 6:00 PM <u>Jr JUDO</u> 6:00 PM - 7:00 PM	03	04	    facebook.com/coachdecker twitter.com/fightingfitaz youtube.com/fightingfitaz instagram.com/fightingfitaz Never miss a video SUBSCRIBE to my YouTube channel 